



CHILDREN CENTRE TIMETABLE

NEWPORT CHILDREN CENTRE
167 DAWLISH ROAD, LEYTON, E10 6 QN.
TEL; 020 89889600

NEWPORT SCHOOL,
NEWPORT ROAD, LEYTON, E10 6PJ.
TEL; 020 85394552



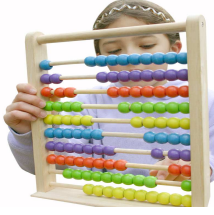




*Activities aimed at Parents

EDITED 01/04/2010

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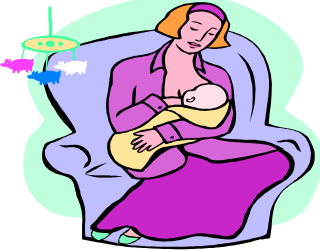


	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>10.00- 11.30am ROLLERS & CRAWLERS 50p per family UNDER 12 MONTHS ONLY (School site, with our Community Nursery Nurse George) Includes play, stimulation, exploring and interaction. Refreshments provided! Just drop in!</p> 	<p>10.00 -11.30am MESSY PLAY £1 Per Family</p> <p>A chance for you and your child to have a go at a range of creative activities.</p> <p>JOB ADVICE 10.00-11.30AM (School site with Denise Leslie from Worknet.</p> <p>10.30-11.30am RHYME TIME £1 per family School site with Liz Simpson A fun group for you to share and learn new songs with your child !!!</p>	<p>10.00 – 11.30am STAY AND PLAY PLUS TOY LIBRARY £1 per Family (School Site –Sharron & team)</p> <p>A safe and welcoming environment for you and your child to play!</p> <p>Play activities for 0-3's. Also Toys, books, puzzles to borrow.</p> 	<p>10.00 – 11.30am STAY AND PLAY PLUS TOY LIBRARY (School Site) £1 per family</p> <p>A safe and welcoming environment for you and your child to play! Play activities for 0-3's.</p> <p>STARTING SOON– PLEASE RING FOR DETAILS</p> 	<p>9.00 – 10.15 am</p>  <p>PLAY WITH ME! (Starting 24th April) (School Site with Jodie Cariss) Age 0 - 6</p> <p>Come and spend some quality time with your children and meet other parents in a relaxed, creative and supportive environment. Painting, drawing, sticking, cutting and much more!</p>
AFTERNOON	<p>4.00 -5.30pm SPANISH FAMILY LEARNING (School Site) Come & learn another language through games & songs! (Families with children age4-7)</p> 	<p>1.00 – 2.30 TOPS GROUP (School Site- Sharron) Concerned about your child's speech & Language development or other issues? Speak to Sharron & join us.</p> 	<p>1.00 – 2.30pm STAY AND PLAY PLUS TOY LIBRARY £1 per Family (School Site –Sharron & team)</p> <p>A safe and welcoming environment for you and your child to play!</p> <p>Play activities for 0-3's. Also Toys, books, puzzles to borrow.</p> 	<p>1.00pm -2.45 pm WELL BABY CLINIC AND FOOD DIETICIAN (School Site; George Sibthorp- C.N.Nurse and Sophie Beverley- Dietician, Chris Monksfield; Health Visitor)</p> <p>Discuss your baby's health & development needs, have your baby weighed and chat with our health visitors!</p> <p>Any concern about your child's eating? Come and see our Dietician Sophie for a chat!</p>	

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	Monday	Tuesday	Wednesday	Thursday	Friday
M O R N I N G	<p>9.30-11.30am <u>SPEECH & LANGUAGE DROP IN</u> <u>WITH AMANDA BAXTER</u> Drop in If you have concerns about your child's speech and development 7th June, 21st June, 12th July and 19th July 12.30 – 1.30 <u>ANTENATAL DROP IN</u> (Children Centre) (Adeola Filani) Come in & talk to our wonderful mid-wife about anything to do with your pregnancy.</p> 	<p>9.30 – 11.30am <u>BREASTFEEDING SUPPORT</u> (Children Centre -Adeola Filani) Pregnant? Come in and learn more about breastfeeding, meet other new mums and have a chat.</p> 	<p><u>JOB CENTRE PLUS</u> LONE PARENT ADVISER SERAY MARIUS BY APPOINTMENT ONLY. PLEASE RING FOR DETAILS</p> <p>9-12PM EVERY OTHER WEEK</p>	<p><u>10.15-11.45AM</u> <u>BABY MASSAGE</u> (Childrens Centre, with <u>our community Nursery</u> <u>Nurse George Sibthorp by</u> <u>appointment only</u> <u>Please ring for details</u></p> <p><u>JOB ADVICE</u> <u>10– 1PM</u> Denise Leslie from Worknet, Drop in for advice on jobs/training/ courses/ updating your CV</p>	
A F T E R N O O N	<p><u>2.00 – 2.45pm</u> <u>MEET YOUR MIDWIFE</u> Meet you local CC Midwife, other local pregnant mums & find out about our groups.</p> 	<p><u>11.30am -1.30pm</u> <u>POSTNATAL DROP IN</u> (Children Centre -Adeola) Drop in and have a chat with our friendly midwife about your new life with baby.</p> 	<p><u>JOB CENTRE PLUS</u> LONE PARENT ADVISER SERAY MARIUS BY APPOINTMENT ONLY. PLEASE RING FOR DETAILS</p> <p>2-4PM EVERY OTHER WEEK</p>	<p><u>JOB ADVICE</u> <u>2- 4PM</u> Denise Leslie from Worknet, Drop in for advice on jobs/ training/ courses/ updating your CV</p> 